



BTPA Member's CPD Claim Form

Name: Kate Neadon Membership no: 12340

Annual period from: 1st October 2011 to: 31st September 2012 (enter your membership period)

- Please enter only credits acquired during the last 12 months – minimum requirement 28 points each year.
- A photocopy of your First Aid Certificate **must** be included when the previous one has expired.
- The entries should match evidence (copy certificates and CDP portfolio record sheet) held in your CPD portfolio. (This will be asked for during random checking)
- ❖ **For the first 3 years after qualification members must complete 28pts of BTPA accepted 'hands on' Bowen training every year.**
- ❖ **Members qualified for more than 3 years must still submit 28pts every year. These can be made up of other points or a combination of BTPA Accepted Bowen points and other points; however, this must include at least 28pts of BTPA accepted 'hands on' Bowen training within every 3 years.**
If more points have been amassed in the year a maximum of 14pts of BTPA accepted Bowen training, or 7pts gained by any other activity, may be carried over to the following year only.

Activity	Hours	Points	Date or period	Name of college/teacher	Course/ Activity Description	Hours	CPD Points
Bowen CPD Points							Bowen Points
Attending a BTPA accepted 'hands on' Bowen specific workshop/course per day. (BTPA currently accept:- ECBS, NST, Bowtech, Smart Bowen, US Bowen, Howard Plummer, Isy Gabriel, TBT101, BSHP, Anatomy of Cadavers.) 1 day (7 hrs or more) = 14pts	At least 7 14	14 28					
Other CPD Points							Other Points
Attendance at seminars, workshops and lectures that enhance your knowledge and skills relating to running your practice. These need not be Bowen specific but should enhance practice i.e. Certificated training in other therapies (e.g Reflexology, Emmett Technique), First Aid, Health & Safety, Anatomy & Physiology, Canine or Equine Bowen, Body Reading, Marketing, etc. If in doubt please contact BTPA office before booking the course. 1 day (6 hrs or more) = 12pts	At least 6 12	12 24	17/12/11	Dr. J. Smith	Arthritis Pain/relief treatment seminar	7	12
Attendance at conferences or meetings (Bowen Specific) which are dedicated to learning more about Bowen. 1 day (6 hrs or more) = 12pts	At least 6 12	12 24					
Reading, such as articles in journals, books or online which provide learning the practitioner is able to put into practice. (Maximum 3 points per year)	At least 2	1	08/11/11 NovAug '12		Online research for anatomy of shoulder. Reading 'In Touch'	2 5	1 2
Providing taught sessions of Bowen where these are occasional and represent a developmental activity for the practitioner rather than something they do on a regular basis as a tutor. (Maximum 8 points per year)	Per Hour	2					

Continued and totals overleaf...

Other Points con't.	Hours	Points	Date or period	Name of college/teacher	Course/ Activity Description	Hours	Other Points
Research, if the practitioner is participating in a piece of research which enhances their understanding of Bowen and its practise including BTPA organised studies. (Maximum 12 points per year)	Per Hour	2					
Writing articles on Bowen or soft tissue which are published. Providing articles for association newsletters. (Maximum 6 points per year)	Per Hour	2	05/04/12		Wrote Bowen article which was published in local newspaper magazine	3	6
Personal study which could include following a formal programme of study either taught or possibly distance-learning. In either case the practitioner must be able to describe what they have learned from this and how they will put it into practice in their work. (Maximum 4 points per year)	Per Hour	1					
Client / patient satisfaction surveys or evaluations which the practitioner carries out about their work, this will include collecting client testimonials. (Maximum 3 points per year)	Per Hour	1	05/11/11 31/09/12		Collecting testimonials which I use in my clinic reception and sent to BTPA.	5	3
Clinical audit of practice. This can be an audit the practitioner carries out individually, or it can be done as a RIG activity. In this context, an audit will be taken to mean a survey of the practitioner's work (individually or collectively) of the percentage of success or improvement with clients' symptoms of e.g. Shoulder, Pelvis etc. This will help identify where further training or study may be needed. (Maximum 4 points per year)	Per Hour	1	03/09/12		Went through last 12 months of clients to check success rate. About 85% - 90% with most areas, but only 60% with backs. Now looking for course on Backs for next year.	2	2
Supervision - receiving supervision which supports the practitioner's learning and development. Such supervision could be individual or in small groups, this could be done within RIGs or with a mentor. (Maximum 3 points per year)	Per Hour	1	27/09/12	Somewhere RIG	Practical revision of shoulder moves. Session lead by May Jones.	2	2
Mentoring - giving or receiving mentoring which supports the practitioner's professional development e.g. Study Buddy, sharing treatments as a learning exercise and peer supervision. Meeting with other Bowen practitioners, sharing best practice, this could include RIG meetings. (Maximum 3 points per year)	Per Hour	1					
Work shadowing - where the practitioner is working alongside another practitioner to enhance knowledge and skills about their practice. (Maximum 3 points per year)	Per Hour	1					
Involvement in professional association activity. This could include attendance at meetings and involvement in local or national events. Organising events, conferences or meetings which are Bowen based, or other aspects of professional practise, e.g. taster sessions, demonstrations, manning the stand at events or exhibitions. (Maximum 10 points per year)	Per Hour	1	03/06/12		With 3 other therapists I gave Bowen treatments to runners at the end of local half marathon.	5	5
Total Claimed						Bowen CPD points	
						Other CPD points	28
If more than 28 points have been amassed in the year a maximum of 14pts of BTPA accepted Bowen training, or 7pts gained by any other activity, may be carried over to the following year only.						Bowen CPD Points carried over to next year (Max 14)	
						Or Other CPD Points carried over to next year (Max 7)	
						5	